



SPRING 2022 ARC WORKSHOPS

All workshops are approximately 30 minutes. All workshops begin at 2:30 p.m. in L23.

ACADEMIC SUCCESS SKILLS WORKSHOPS

The Memory Game • Tuesday, February 1

Discover some new strategies and resources to help strengthen your memory.

Stress Management • Thursday, February 3

Learn how to identify your stressors and reduce your stress levels.

Test Preparation • Tuesday, February 8

Grow your study techniques beyond simple review of class notes.

Fight the Procrastination Monster • Thursday, February 10

Pick up some tools to outsmart the beast that wreaks havoc on your daily schedule.

Time Management • Tuesday, February 15

Adopt some strategies to manage your choices, clarify your priorities, and use your time well.

COLLEGE RESEARCH & WRITING SKILLS WORKSHOPS

Turabian • Thursday, February 17 • Tuesday, March 29

Learn Turabian formatting and citation guidelines for use in your research projects.

APA • Tuesday, March 1

Learn APA formatting and citation guidelines for use in your research projects.

Pre-Research* • Thursday, March 3

Develop skills that lead to better research.

Library Resources* • Tuesday, March 8

Learn how to use library resources for academic success.

Thesis and Outline* • Thursday, March 10

Develop a sound thesis statement and outline from your research.

*These workshops represent the stages of the exegetical writing process. They also complement the stages used for assembling the Scripture Research Paper for Acts classes.